

# Manzano Band Health Waiver, 2019-2020

*This is to be completed, signed by a parent/guardian*

Student Name \_\_\_\_\_ Birthdate \_\_\_\_\_ Grade \_\_\_\_\_  
Home (physical) address \_\_\_\_\_ City \_\_\_\_\_ ZIP \_\_\_\_\_  
Mailing address (if different) \_\_\_\_\_ City \_\_\_\_\_ ZIP \_\_\_\_\_  
Student Email Address: \_\_\_\_\_ Home Phone# \_\_\_\_\_  
Student Cell Phone # \_\_\_\_\_ Accept Text?  Yes  No  
Parent/ Guardian Name: \_\_\_\_\_ Parent/ Guardian Phone# \_\_\_\_\_  
Parent Cell Phone # \_\_\_\_\_ Accept Text?  Yes  No  
Parent/Guardian Email Address: \_\_\_\_\_  
Additional Emergency Contact(s):  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell: \_\_\_\_\_  
Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell: \_\_\_\_\_  
Which Band groups do you participate in (Check all that apply):  
 Marching;  Concert(Symphonic/Wind Ensemble);  Jazz;  Colorguard;  Winterguard;  
What instruments do you play? \_\_\_\_\_  
Any Special food needs? \_\_\_\_\_

## PART I: **Date of last Tetanus Shot** \_\_\_\_\_

### **Illnesses and injuries (check those that apply)**

Chronic or recurring illness:

- Asthma  Diabetes  Seizures  Kidney Disease  Hypertension  Ear Infection  
 Skin/Muscle Disorders  Heart Disease  Bleeding/Clotting Disorder  Sick cell trait or disease  
 Other \_\_\_\_\_

### **Please Check Yes or No to the following questions and explain all "yes" answers include dates:**

- |                                                                                                        | YES                      | NO                       |
|--------------------------------------------------------------------------------------------------------|--------------------------|--------------------------|
| Were any complicating medical problems noted in your student's last examination?<br><b>What:</b> _____ | <input type="checkbox"/> | <input type="checkbox"/> |
| Is your student currently under a physician's care for a medical problem?<br><b>What For:</b> _____    | <input type="checkbox"/> | <input type="checkbox"/> |
| A serious injury requiring medical attention <b>Injury:</b> _____ <b>Date:</b> _____                   | <input type="checkbox"/> | <input type="checkbox"/> |
| An illness lasting longer than one week? <b>Diagnosis:</b> _____ <b>Date:</b> _____                    | <input type="checkbox"/> | <input type="checkbox"/> |
| A surgical operation or bone fracture? <b>Type:</b> _____ <b>Date:</b> _____                           | <input type="checkbox"/> | <input type="checkbox"/> |
| Have you ever been diagnosed with asthma: <b>Date</b> _____                                            | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have trouble breathing <b>and/or</b> cough during or after activity?                            | <input type="checkbox"/> | <input type="checkbox"/> |

## PART II: **Allergies (check those that apply)** Do you carry an Epi-Pen? Yes No

- Animals (specify) \_\_\_\_\_  Medicine/drugs (specify) \_\_\_\_\_  
 Food (specify) \_\_\_\_\_  Plants (specify) \_\_\_\_\_  
 Hay fever  Insect Stings (specify) \_\_\_\_\_  Other (specify) \_\_\_\_\_

Please describe allergic reaction to any "checked" answers above. Indicate any information useful to the adult in charge in relation to any of these allergies and your student's reactions.

## PART III: **Other health conditions (check those that apply)**

- hearing impairment  menstrual cramps  special diet  sleep disturbances  
 emotional problems  motion sickness  wears contact lenses  
 fainting  nosebleeds  wears glasses  
 other (specify) \_\_\_\_\_

Please explain any "checked" answers above. Indicate any information useful to the adult in charge in relation to any of these health conditions. Indicate any activity to be encouraged or restricted:

PART IV:

**Medication**

Please check all medications in with the appropriate chaperone; this includes inhalers, epi-pens, prescription meds, and over-the-counter meds. Once medication is checked in students will be allowed to carry emergency medication (e.g., inhalers and epi-pens).

Do you carry an inhaler?  Yes  No

What Type \_\_\_\_\_

**\*\*Please send your child's inhaler even if they have had no recent asthma/breathing attacks\*\***

Medication prescribed by a doctor to be taken on a regular basis?  Yes  No

List Medication and times to be given: \_\_\_\_\_

\_\_\_\_\_

Additional medications provided by the parents to be given as needed.  Yes  No

List: \_\_\_\_\_

Chaperones have my permission to give my child over-the-counter medications if needed (e.g., Tylenol, Ibuprofen, Antacids, Cough drops, Midol, Lactase Tablets)  Yes  No

Chaperones have my permission to give my child over the counter medications if needed for allergic symptoms (e.g., Benadryl, Zyrtec)  Yes  No

***I understand that I am responsible in providing all Prescription medication that my child takes daily to the designated chaperone prior to trip departure. All prescription medication should be in the original pharmacy labeled bottle.***

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

PART V: **Emergency Information**

Family medical/hospital: \_\_\_\_\_

Policy or Insurance carrier: \_\_\_\_\_ Group No: \_\_\_\_\_

Name of family physician: \_\_\_\_\_ Phone: \_\_\_\_\_

**IN CASE OF MEDICAL EMERGENCY, I understand that when medically feasible, an effort will be made to contact a parent or guardian, but in the event one is not reached or if it is not medically feasible to contact one, I hereby give permission for my student to be treated.**

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date

**I know of no reason(s) other than the information indicated on this form why my student should not participate in prescribed activities except as noted.**

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date